

Pressure Injury Prevention

Pressure Care Supports



Industry-leading pressure care solutions -
for patient and practitioner alike

AneticAid® 

PRESSURE RELIEVING GEL SUPPORTS

PRESSURE RELIEVING GEL SUPPORTS	
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At Anetic Aid, our mission is to deliver the best outcomes for patients and best experiences for clinical teams. We listen carefully and understand needs.

This allows us to design, develop and manufacture, as well as establishing partnerships, that lead to the supply of innovative, intuitive, high-quality medical devices for patient transport, treatment and recovery.

One of these partnerships is with Trulife, an internationally based company with over 60 years' experience in the creation, development and manufacturing of niche healthcare and consumer products.

With a long-standing relationship of over 25 years, we're proud to bring Trulife's extensive range of Pressure Relieving Gel Supports directly to you. From head rings to full body positioning systems, we've got you covered.

Combining Trulife's expertise and Anetic Aid's superb distribution, you can rest assured that the products we bring you are the highest quality to suit your needs.

Thinking about pressure care? Think Anetic and discover the full range now.



Head & Neck

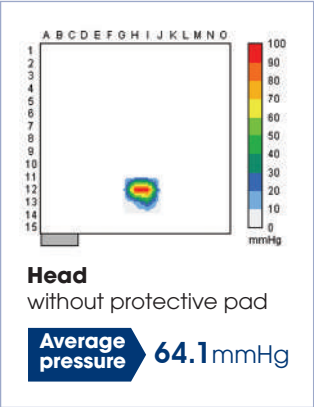
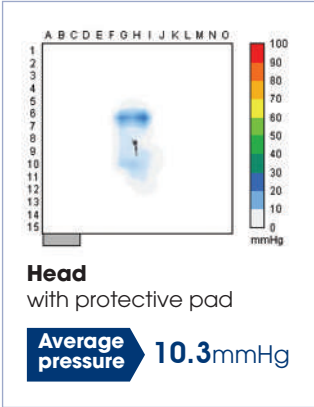
Pressure, the amount of force exerted on a given area is often measured in millimetres of mercury (mmHg).

When a force or pressure greater than normal capillary pressure is exerted on a body over time, this can restrict blood flow to the area and cause serious tissue damage.

It is therefore important to reduce this pressure, particularly with the more susceptible parts of the body such as the head in periods of immobility e.g. surgery.

Our range of head and neck pressure care supports relieve pressure by increasing the area of contact between the body and the supporting surface.

Using the gel head supports, as shown by the tables below, can reduce pressure significantly in comparison to not using a protective pad.



Oasis+ Head & Neck Support

The Oasis+ Head & Neck Support incorporates silicone gel technology and is popular in ENT for septoplasty, some laryngoscopy cases and thyroidectomy. It also has anti-slip properties for additional safety.

Description	Code
Oasis+ Head & Neck Support (OP151) - 264 x 220 x 64mm	10900



Azure Head Protector

The dual layer Azure Head Protector (AZ100) incorporates gel technology and is innovatively designed to contour to the individual patient's head. It conforms comfortably while providing effective protection to the patient.

Description	Code
Azure Head Protector (AZ100) - 260 x 250 x 50mm	10885



Social Value is at the heart of all we do - engaging our community and giving back



SUPPLIED IN THE UK

We've been the exclusive UK supplier for Trulife's pressure care range for over 25 years



CARBON NEUTRAL

We're certified "Carbon Neutral" - meaning we're committed to a better and cleaner environment

HEAD & NECK



Oasis Closed Headrings

With a unique gel and foam combination that conforms comfortably to the patient's head, the Oasis Closed Headrings are suitable for use in many surgical procedures.

Description	Code
Oasis Closed Headring (OA010) - Ø90 x 20mm	10801
Oasis Closed Headring (OA011) - Ø140 x 35mm	10802
Oasis Closed Headring (OA012) - Ø200 x 35mm	10803



Oasis Open Headrings

Soft, comfortable and durable, the Oasis Open Headrings support the patient's face, while allowing easy access for intubation during surgery.

Description	Code
Oasis Open Headring (OA020) - Ø90 x 22mm	10804
Oasis Open Headring (OA021) - Ø140 x 35mm	10805
Oasis Open Headring (OA022) - Ø200 x 50mm	10806



Oasis Elite Closed Headrings

Containing a unique gel and foam combination, and 50% lighter than comparable gel-only products, the Oasis Elite Closed Headrings are suitable for use in many surgical procedures.

Description	Code
Oasis Elite Closed Headring (EL011) - Ø140 x 34mm	10861
Oasis Elite Closed Headring (EL012) - Ø200 x 50mm	10862



Oasis Elite Open Headrings

Crafted from a unique gel and foam combination, the Oasis Elite Open Headrings gently conform to the contours of the patient's face to minimise pressure and maximise comfort. The open-centre design also allows for safe intubation.

Description	Code
Oasis Elite Open Headring (EL021) - Ø140 x 34mm	10863
Oasis Elite Open Headring (EL022) - Ø200 x 50mm	10864



Oasis Elite Prone Head Rests

The Oasis Elite Prone Head Rests incorporate a combination of silicone gel and foam technology, and are anatomically designed so that the patient's head can comfortably rest face down with respiratory tubes in place.

Description	Code
Oasis Elite Prone Head Rest (EL141) - 280 x 240 x 140mm	10871
Oasis Elite Prone Head Rest (EL142) - 273 x 220 x 135mm	10872

HEAD & NECK



Oasis Elite Supine Head Rests

The Oasis Elite Supine Head Rests incorporate a combination of silicone gel and foam technology, and are ideal for positioning the patient during eye surgery and other supine procedures.

Description	Code
Oasis Elite Supine Head Rest (EL151) - 275 x 237 x 90mm	10873
Oasis Elite Supine Head Rest (EL152) - 275 x 230 x 65mm	10874



ARM & HAND

Oasis Ulnar / Brachial Nerve Protector



The Oasis Ulnar / Brachial Nerve Protectors incorporate silicone gel technology and are essential for providing protection to the sensitive areas of the elbows and arms.

Description	Code
Oasis Ulnar / Brachial Nerve Protector (OA061) - 460 x 210 x 8mm	10829



Oasis Extremity Belt

Supplied in pairs, the Oasis Extremity Belt is used in many procedures for extra security in maintaining the position of extremities on the operating table.

Description	Code
Oasis Extremity Belt (OA113) - 315 x 45 x 10mm	10843



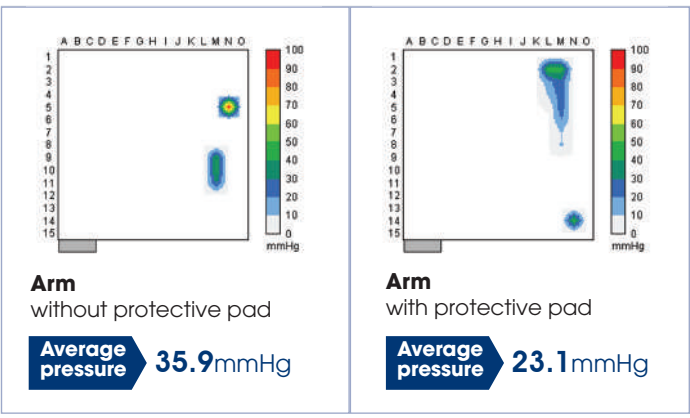
Oasis Contoured Armboard / Knee Pad

This contoured armboard pad incorporates medical grade silicone gel technology, and has been designed for use on a standard table extension. Its contoured shape provides excellent protection as well as keeping the arm in place.

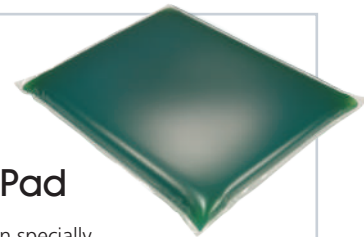
Description	Code
Oasis Contoured Armboard / Knee Pad (OA101) - 510 x 150 x 35mm	10833

Arm & Hand

Our range of armboards and protectors are x-ray translucent, contain medical grade silicone and are designed to cradle the arm, ensuring effective pressure relief during a whole range of surgical procedures.



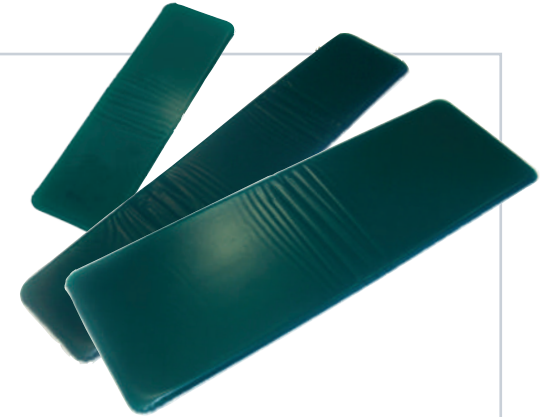
Arm without protective pad	Average pressure 35.9mmHg
Arm with protective pad	Average pressure 23.1mmHg



Oasis Arm Retainer Pad

This Oasis Arm Retainer Pad has been specially designed to fit Perspex / acrylic arm supports.

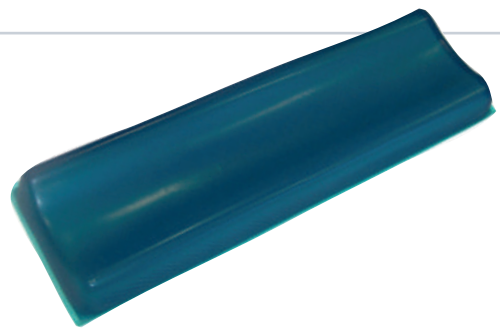
Description	Code
Oasis Arm Retainer Pad (OA100) - 170 x 110 x 18mm	10834



Oasis Armboard Pads

The Oasis Armboard pads incorporate silicone gel technology and provide the necessary protection whenever the arm is extended on an armboard.

Description	Code
Oasis Armboard Pad (OA070) - 395 x 115 x 10mm	10830
Oasis Armboard Pad (OA071) - 600 x 200 x 10mm	10831
Oasis Armboard Pad (OA072) - 600 x 125 x 10mm	10832



Oasis Elite Contoured Armboard / Knee Pad

This anatomically shaped armboard pad, available in two different sizes, incorporates silicone gel technology and provides additional support and stability to the arm in a variety of procedures.

Description	Code
Oasis Elite Contoured Armboard / Knee Pad (EL401) - 510 x 155 x 40mm	10869
Oasis Elite Contoured Armboard / Knee Pad (EL402) - 395 x 140 x 40mm	10870

ARM & HAND



Oasis Elite Armboard Pads

These flat armboard pads have a slight indentation to cradle the arm and provide effective pressure relief during various surgical procedures.

Description	Code
Oasis Elite Armboard Pad (EL070) - 400 x 125 x 20mm	10867
Oasis Elite Armboard Pad (EL072) - 600 x 125 x 20mm	10868



Azure Arm Protectors

The Azure Arm Protectors incorporate gel technology and assume the shape of the individual patient's arm, acting as a second layer of tissue and offering excellent protection against nerve damage.

Description	Code
Azure Arm Protector (AZ200) - 330 x 140 x 30mm	10889
Azure Arm Protector (AZ201) - 460 x 180 x 35mm	10890



SOCIAL VALUE



SUPPLIED IN THE UK



CARBON NEUTRAL

Pressure protection for arm & hand surgeries

SHOULDER, SPINE & TORSO



Oasis Elite Large Prone Positioner - Montreal Laminectomy

The Oasis Elite Large Prone Positioner eliminates pressure on the abdomen and facilitates easy ventilation and circulation during long cases in the prone position e.g. laminectomy procedures.

Description	Code
Elite Foam Large Prone Positioner (EL904) - Montreal Laminectomy - 1115 x 520 x 140mm	10990



Elite Foam Prone Positioner - Montreal Laminectomy

This Elite Foam Prone Positioner is suited to relieving pressure on the abdomen during lone procedures in the prone position.

Description	Code
Elite Foam Prone Positioner (ELP914) - Montreal Laminectomy - 1014 x 480 x 140mm	10876

Shoulder, Spine & Torso

With shoulder, spine and torso procedures requiring an additional level of security and stability, our range of gel supports allow for effective pressure relief and secure supine, lateral or prone positioning.



Oasis Elite Prone Chest Positioner

The Oasis Elite Prone Chest Positioner combines gel and foam technology and has been designed to provide effective positioning to the patient during surgical procedures in the prone position.

Description	Code
Oasis Elite Prone Chest Positioner (EL903) - 610 x 530 x 130mm	10883

Incline Positioning System™

NEW

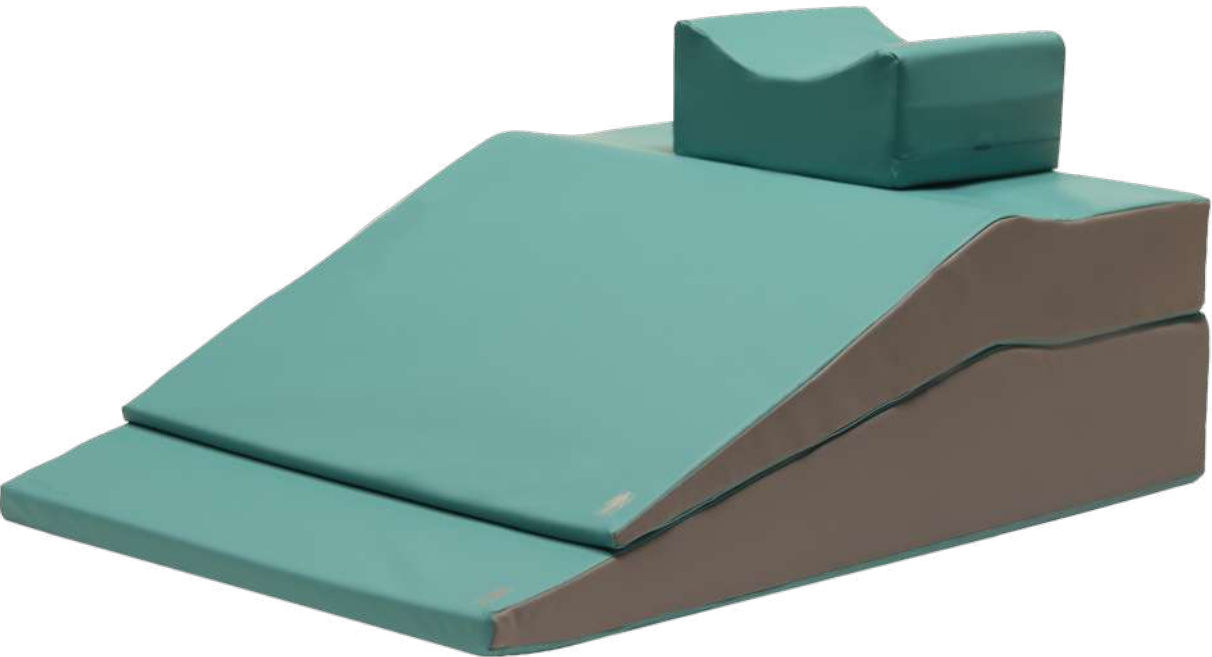
A product by Trulife, the Incline Positioning System™ allows for safe and efficient patient positioning, supports airway access and pressure injury prevention.

Designed specifically for bariatric patients, or patients with difficult airways, this versatile three-piece system is easy-to-use, setup and versatile for a variety of clinical procedures.

Benefits include:

- **Safe Positioning** - achieves clinically recommended H.E.L.P / ramped positions quickly and reliably
- **Pressure Care built in** - distributes pressure across head and torso, reducing pressure injury risk and improving patient comfort
- **Surgical Versatility** - can be used as one piece, two-piece combos, or as a full system depending on patient weights and clinical needs
- **Durability & Reliability** - built for long-term and repeated use

Description	Code
Incline Positioning System™ (ELP800) - Headrest, Boost & Base	10998



Enhanced security + stability = effective pressure relief



SOCIAL VALUE



SUPPLIED IN THE UK



CARBON NEUTRAL

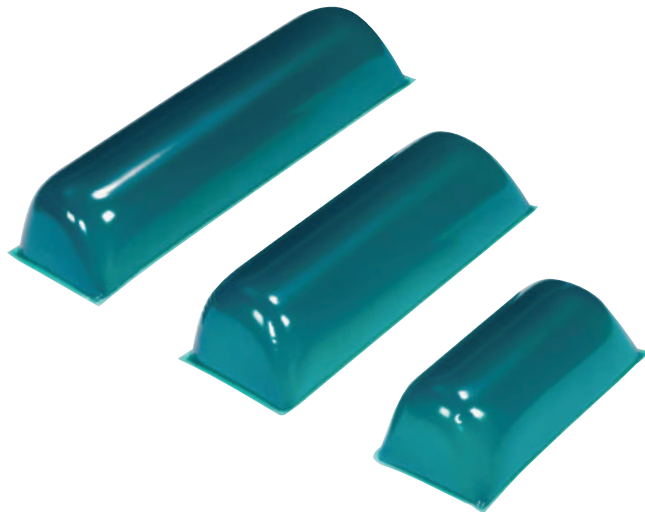
SHOULDER, SPINE & TORSO



Oasis Elite Dome Positioner

This lightweight Oasis Elite Dome Positioner incorporates medical grade silicone gel technology, and can be used to position and protect the patient during various surgical procedures in all positions.

Description	Code
Oasis Elite Dome Positioner (EL210) - 350 x 150 x 75mm	10876



Oasis Elite Flat Bottom Chest Rolls

The Oasis Elite Flat Bottom Chest Rolls combine a unique gel and foam technology and means they are up to 75% lighter than comparative gel products - allowing for easy manipulation by OR staff.

Description	Code
Oasis Elite Flat Bottom Chest Roll (EL214) - 300 x 140 x 110mm	10877
Oasis Elite Flat Bottom Chest Roll (EL215) - 400 x 140 x 110mm	10878
Oasis Elite Flat Bottom Chest Roll (EL216) - 505 x 140 x 110mm	10879
Oasis Elite Flat Bottom Chest Roll (EL217) - 405 x 150 x 150mm	10880
Oasis Elite Flat Bottom Chest Roll (EL218) - 510 x 150 x 150mm	10881



Oasis Flat Bottom Chest Rolls

The Oasis Flat Bottom Chest Rolls, designed for multiple age groups, are 100% silicone gel and provide excellent positioning and stability for a range of different procedures.

Description	Code
Oasis Flat Bottom Chest Roll (OA211) - 305 x 95 x 75mm	10854
Oasis Flat Bottom Chest Roll (OA212) - 405 x 95 x 75mm	10855
Oasis Flat Bottom Chest Roll (OA213) - 505 x 92 x 75mm	10856

GYNAE & UROLOGY

Gynae & Urology

Both the Oasis Crutch Stirrup Pads and the state-of-the-art Azure Sacral Protector offer effective pressure relief in the supine and lithotomy positions - suited perfectly for gynaecology and urology procedures.



Azure Sacral Protector

Azure's revolutionary gel combination for the Azure Sacral Protector (AZ300) works together to replicate and act as an additional layer of protective tissue and skin. It conforms to the individual's shape in a more contoured and effective manner, meaning more protection against nerve damage as well as pressure sore prevention.

The sacral area is one of serious risk if left unprotected. This sacral protector has been designed to provide support in the supine and lithotomy positions, relieving pressure and focussing on peripheral support.

Description	Code
Azure Sacral Protector (AZ300) - 400 x 280 x 25mm	10888
Azure Sacral Protector (AZ301) - Adult - 450 x 445 x 30mm	10888-S1



Oasis Crutch Stirrup Pads

These Oasis Crutch Stirrup Pads incorporate medical grade silicone gel technology, are supplied in pairs and designed to fit most types of stirrups.

Description	Code
Oasis Crutch Stirrup Pad (OA090) - 320 x 220 x 10mm	10838
Oasis Crutch Stirrup Pad (OA091) - 395 x 245 x 10mm	10839
Oasis Crutch Stirrup Pad (OA092) - 520 x 300 x 10mm	10840



GYNAE & UROLOGY

Oasis Elite Trendelenburg 40° Positioning System

A product by Trulife, the Oasis Elite Trendelenburg System combines a dual-layer viscoelastic foam and integrated gel structure to overcome difficulties faced in the Trendelenburg position - such as patient slippage, nerve injury and the formation of pressure ulcer sores. This device safely secures patients in a lateral tilt, all whilst maintaining patient comfort.

Benefits include:

- **Secure Positioning** - suitable for up to 40° Trendelenburg whilst securing patient in lateral tilt
- **Gel & foam combo** - dual-layer viscoelastic foam and integrated gel structure for maximum pressure injury prevention
- **Shoulder supports** - carbon composite shoulder supports for steep Trendelenburg
- **Durability & Reliability** - built for long-term use whilst ensuring patient safety and stability.

Description	Code
Oasis Elite Trendelenburg 40° Positioning System (ELTS40)	10994



Azure Crutch Stirrup Pads

Part of the Azure range, these crutch stirrup pads incorporate a revolutionary gel technology and were designed for use with various types of leg holders during lithotomy procedures. Lightweight and flexible, these dual layer pads are supplied in pairs and help protect the patient against nerve injury and skin shear.

Benefits & Dimensions:

- **Dimensions** - 370 x 205 x 25mm
- **Built for lithotomy procedures** - whether gynaecology, urology or other procedures requiring lithotomy positioning, these pads are specially designed to help improve patient comfort
- **Dual silicone structure** - two protective silicone gel layers conform to patient's body shape, resulting in more effective pressure care prevention.
- **Durability & Reliability** - built for long-term and repeated use

Description	Code
Azure Crutch Stirrup Pad (AZ410) - PAIR - 370 x 205 x 25mm	10998



LEG, KNEE & FOOT



Azure Leg Protector

The Azure Leg Protector provides overall protection to heel and leg area. Incorporating gel technology and slightly raised behind the knee, the leg protector offers protection to the popliteal nerve and conforms superbly around the leg.

Description	Code
Azure Leg Protector (AZ400) - 515 x 180 x 40mm	10892



Azure Heel Protector

The heel area is one of extreme risk during any surgical procedure and special attention should be given to avoid any unnecessary damage. These lightweight, state-of-the-art gel protectors are supplied in pairs and provide heel protection, stability and support.

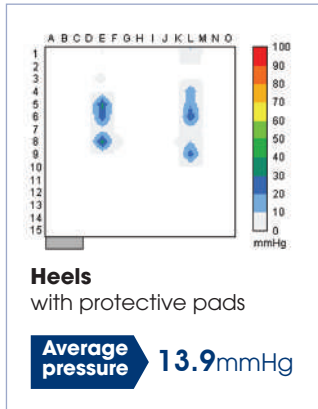
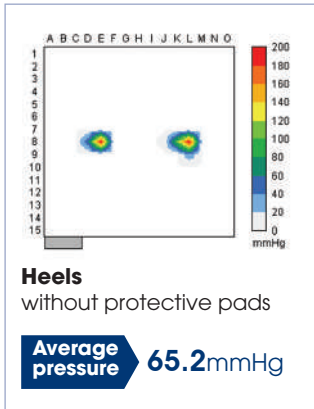
Description	Code
Azure Heel Protector (AZ401) - 515 x 180 x 40mm	10891

Leg, Knee & Foot

The anatomy of the heel - its combination of nerves and lack of soft tissue over the bone - make it one of the most vulnerable parts of the body during surgery. This becomes more of an issue when the patient is in a supine position.

Our full range of leg, knee and foot supports not only reduce average pressure by almost 79% compared to not using one, but also offer superb patient positioning and protection.

The Azure range also comes with the additional benefit of advanced surgical positioning, with its revolutionary new gel combination. The material used in the Heel and Leg Protectors acts as an additional layer of skin and soft tissue - contouring to the individual's shape and redefining pressure care.



Oasis & Oasis Elite Heel Pads

These 100% silicone gel pads are supplied in pairs, and are suitable for use in any supine procedure where the heels are at risk of skin breakdown and damage. The Oasis Elite Heel Pads combine foam and gel to provide maximum protection for the heels.

Description	Code
Oasis Heel Pads (OA130) - 180 x 100 x 70mm	10845
Oasis Elite Heel Pad (EL130) - 180 x 100 x 70mm	10875



Oasis Heel Cups

Oasis Heel Cups incorporate silicone gel technology, and are designed to provide pressure relief for patient's heels. They are suitable for use during and after most surgical procedures or patients who are confined to bed.

Description	Code
Oasis Heel Cup (OA131) - 105 x 90 x 43mm	10846



Oasis Elite Lateral Leg Positioner

This product is used to position the legs in a lateral position for kidney and hip surgery. It incorporates a silicone gel and foam combination and allows for knee and hip flexion.

Description	Code
Oasis Elite Lateral Leg Positioner (EL800) - 650 x 400 x 230mm	10992



Oasis Heel & Ankle Protector

These unique pads incorporate silicone gel technology, and are designed to fit around the heel and ankle like a boot with Velcro attachment - useful for when the patient is in the supine or lateral positions.

They can also be used as a protector for the ankle and foot when using conventional ankle strap stirrups and lithotomy poles.

Description	Code
Oasis Heel & Ankle Protector (OA200) - 1250 x 120 x 10mm	10853

GENERAL



Azure Universal Positioner

The versatile and lightweight Azure Universal Positioner (AZ500) incorporates silicone gel technology and can be used to position and protect the patient in a variety of surgical procedures.

Description	Code
Azure Universal Positioner (AZ500) - 425 x 155 x 60mm	10893



Oasis Elite Lateral Positioner

Incorporating a combination of silicone gel and foam technology, this positioning device permits a safe, quick and easy transition from supine to lateral - and is designed for use in hip replacement, shoulder, kidney and other procedures.

Description	Code
Oasis Elite Lateral Positioner (EL900) - 720 x 500 x 160mm	10882



Oasis Elite Table Pads

The Oasis Elite Table Pads can be used to protect the body in all surgical positions. The ultra light weight pad consists of a foam base and a gel top, allowing for easy carrying and manipulation by OR staff.

Description	Code
Oasis Elite Table Pad (EL030) - Universal - 520 x 520 x 30mm	10865
Oasis Elite Table Pad (EL031) - 3/4 Length - 1150 x 520 x 10mm	10866

General

Our range of general pressure relieving gel supports can be used to suit a wide range of surgical procedures.

Nelo™ **NEW**

A product by Trulife, the Nelo™ is a versatile, dual-layer, universal positioner. It can be manipulated to support any part of the body whilst still giving the stability, comfort, relief and neutral body positioning required. Nelo has a dual layer design which helps the anti-bottoming out, providing constant pressure relief. It can also be rolled, folded and stacked, allowing for it to be used in a range of procedures.

Benefits include:

- Made out of trusted, high-quality and durable materials - ensuring safety and comfort
- Can be rolled, folded and stacked - supporting integration of airway management etc.
- Nesting feature brings a contour shape to the body - allowing for extra support and stability
- Dual-layer design
- Constant pressure relief - no matter the procedure

Description	Code
Nelo - Universal Positioner - Small - (NE100) - 395 x 115 x 10mm	10960
Nelo - Universal Positioner - Medium - (NE200) - 240 x 490 x 40mm	10962
Nelo - Universal Positioner - Large - (NE300) - 440 x 590 x 40mm	10964

GENERAL



Introducing the Nelo™ - the new, dual-layer universal positioner



Azure Profile Pads

These Azure Profile Pads combine the ultra-soft and lightweight silicone material on the base and the cured silicone gel on top, with a unique squared profile that cushions the body during surgery.

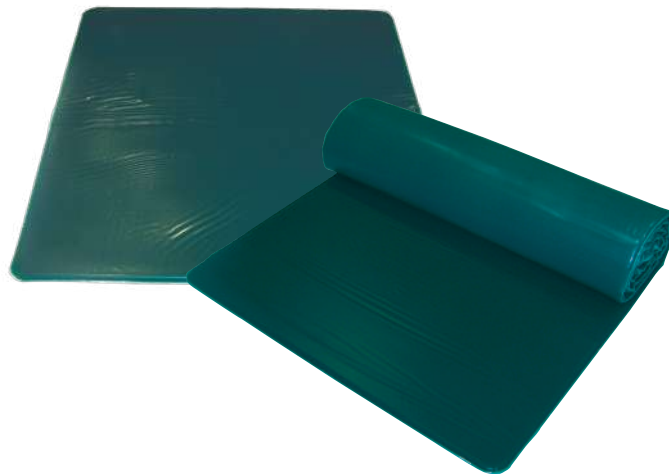
Description	Code
Azure Profile Pad (AZ610) - Universal - 520 x 520 x 10mm	10886
Azure Profile Pad (AZ610) - 3/4 Length - 1150 x 520 x 10mm	10887



Oasis Universal Patient Positioners

The Oasis Universal Patient Positioners are 100% silicone gel and suitable for safe and effective positioning during all surgical procedures.

Description	Code
Oasis Universal Patient Positioner (OA050) - 150 x 60 x 40mm	10823
Oasis Universal Patient Positioner (OA051) - 330 x 70 x 50mm	10824
Oasis Universal Patient Positioner (OA052) - 290 x 100 x 60mm	10825
Oasis Universal Patient Positioner (OA053) - 345 x 120 x 70mm	10826



Oasis Standard Operating Table Pads

The Oasis Standard Operating Table Pads, measuring a range of sizes, incorporate silicone gel technology and provide protection over particular areas of the operating table, ranging from a universal size to the entire table. The pads are flexible, soft, comfortable and used with patients in all positions.

Description	Code
Oasis Standard Operating Table Pad (OA030) - Universal - 520 x 520 x 10mm	10807
Oasis Standard Operating Table Pad (OA031) - 3/4 Length - 1150 x 520 x 10mm	10808
Oasis Standard Operating Table Pad (OA032) - Full Length - 1800 x 520 x 10mm	10809



Oasis+ Non-Slip Disc

Supplied in boxes of 10, these Ø200 Oasis+ Non Slip Discs help to support our range of gel products in place and aid in slip reduction.

Description	Code
Oasis+ Non-slip Disc (OP015) - Ø200 x 4mm	10975



Oasis Paediatric Operating Table Pad

Used to protect paediatric patients during all surgical procedures, this full length Oasis Operating Table Pad incorporates silicone gel technology and can be used as a mattress overlay in hospital beds.

Description	Code
Oasis Paediatric Operating Table Pad (OA033) - Full Length - 605 x 335 x 10mm	10810



Oasis Perineal Table Pad

This Oasis Perineal Pad provides excellent protection to the sacral area, a point of maximum pressure in surgeries requiring the lithotomy position.

Description	Code
Oasis Perineal Table Pad (OA040) - 520 x 520 x 10mm	10816



Oasis Operating Table Pad - Torso Section with Cut-out

This Oasis Operating Table pad incorporates silicone gel technology and is specifically designed for use on the torso. Useful on sectioned operating tables, the torso section has a perineal cut-out and provides protection during a variety of surgical procedures, including orthopaedics and urology.

Description	Code
Oasis Operating Table Pad (OA037) - Torso Section with Cut-out - 900 x 500 x 10mm	10813



Oasis Elite Lateral
Park Bench Positioner

This park bench positioner allows for easier access to the Posterior Fossa in the skull, all whilst relieving pressure for the patient.

Description	Code
Oasis Elite Lateral Park Bench Positioner (EL913)	10995



Oasis Face Pads

The Oasis Face Pad uses silicone gel technology and is ergonomically designed to protect the patient's forehead from pressure caused by endotracheal tubes.

Description	Code
Oasis Face Pad (OA140) - 165 x 80 x 8mm	10849



Oasis Patient Positioning Belt

The Oasis Patient Positioning Belt incorporates silicone gel technology, ensuring patient safety by providing stability and tissue protection on the operating table. By using the clip-lock attachment, the belt can be easily adjusted to fit all operating tables.

Description	Code
Oasis Patient Positioning Belt (OA110) - 505 x 85 x 8mm - with 2350mm Strap	10842

Elite Foam ARDS Prone Positioning System

A product by Trulife, the ARDS Prone Positioning System's anatomical design conforms to the body shape of the patient in the prone position, relieving pressure on the diaphragm to encourage respiratory function. Part of the lightweight Elite Foam range, it is ideal for use during surgery or in intensive care.

- Features:
- Made up of 5 separate positioning pads
 - Single use headrests
 - Lightweight and easy to use
 - High-quality reusable components
 - Versatile design

Description	Code
Elite Foam ARDS Prone Positioning System (ELP200)	10991
Elite Foam ARDS Prone Positioning System - Disposable Prone Head Positioner (ELP141)	10991-A1



PATIENT POSITIONS

SUPINE

The patient is on their back with their face up towards the ceiling. Their legs are uncrossed and their arms are at their sides or on arm boards. Can be used in Trendelenburg and Reverse Trendelenburg.

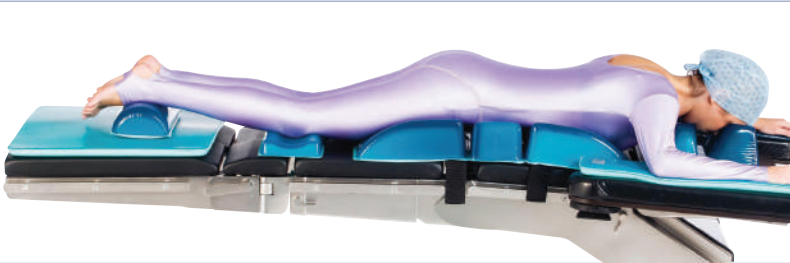
- Used in:
- Administration of General Anaesthesia
 - Abdominal surgery
 - Open heart surgery
 - Surgery of the face, neck or mouth
 - Most surgery on extremities.



PRONE

The patient is on their abdomen, and their arms are at their sides or on armboards. This includes the Kraske 'Jack Knife' Position.

- Used in:
- Surgeries to the back
 - Surgeries to the spine
 - Surgeries to the back of the legs



LATERAL

The patient is on their side, with their bottom leg flexed and their top leg straight. The bottom arm is supported on an armboard, and the top arm has special support.

- Used in:
- Surgeries to the chest or lungs
 - Surgeries on the kidneys
 - Hip surgery



LITHOTOMY

The patient is on their back, their legs are lifted in stirrups and their arms are usually on arm boards.

- Used in:
- Gynaecological surgery
 - Genitourinary (GU) surgery
 - Urology

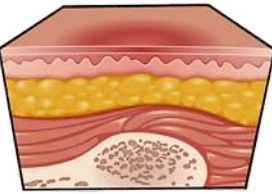


Pressure Related Injuries - what causes pressure ulcers?

A decubitus ulcer, or pressure sore, is an injury to the skin caused by constant pressure resulting from impaired mobility.

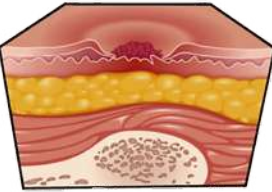
The pressure of the patient's body weight reduces blood flow - particularly to bony extremities - eventually causing cell death, skin breakdown, and the development of an open wound.

There are four stages, which are determined as follows:



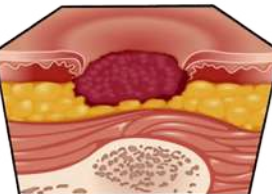
Stage 1

Skin may appear reddened, like a bruise. The integrity of the skin remains intact - there are no breaks or tears, but the area is at high risk of further breakdown.



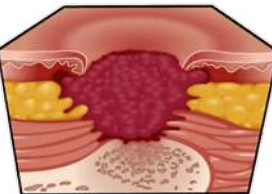
Stage 2

Skin breaks open, wears away, and forms an open sore or 'ulcer'.



Stage 3

The sore worsens and extends beneath the skin surface, forming a small crater. There may be no pain at this stage due to nerve damage. Risk of tissue death and infection are high.



Stage 4

Condition becomes more severe with extensive damage to deeper tissues (muscles, tendons and bones). Serious complications, such as osteomyelitis (infection of the bone) or sepsis (infection carried through the blood) can occur.

PRESSURE INJURY PREVENTION

Implications for Clinical Practice

There are several major implications for clinical practice within the operating room if pressure injuries are poorly managed. The implications state that:

- Operating departments should have clinical guidelines covering the prevention of pressure injuries
- Perioperative practitioners should play a pivotal role in ensuring the patient receives adequate pressure injury protection and act as the patient advocate during surgery
- The operating room team should be fully briefed on the pressure care needs of the patient
- Each operating room should be adequately equipped with a full range of suitable pressure redistributing devices
- Perioperative practitioners should be adequately trained in pressure injury prevention and the use of pressure redistributing devices

Preventative Measures

Aimed at all healthcare professionals, NICE guidelines focusing on pressure injury prevention recommend comprehensive advice on all patients from neonates to adults including:

- Risk assessment
- Skin assessment
- Repositioning
- Skin massage
- Nutritional supplements and hydration
- Pressure redistributing devices
- Barrier creams
- Care planning
- Patient and care information



DID YOU KNOW?

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